

## AFFICHAGE DES ALLERGENES PRÉSENTS VOLONTAIREMENT DANS LES MENUS

[illegible]

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|  | GLUTEN | LAIT | OEUF | POISSON | SOJA | MOLLUSQUES / CRUSTACÉS | SÉSAME | ARACHIDE | MOUTARDE | LUPIN | CELERI | FRUITS A COQUE | SULFITES |
|----------------------------------------------------------------------------------|--------|------|------|---------|------|------------------------|--------|----------|----------|-------|--------|----------------|----------|
| Vinaigrette                                                                      |        |      |      |         |      |                        |        |          | X        |       |        |                | X        |
| Pain                                                                             | X      |      |      |         |      |                        |        |          |          |       |        |                |          |
| Fromages                                                                         |        | X    | X    |         |      |                        |        |          |          |       |        |                |          |
| Laitages                                                                         |        | X    |      |         |      |                        |        |          |          |       |        |                |          |
| Déjeuner du lundi 9 mars 2026                                                    |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Terme de campagne Corseiche                                                      | X      | X    |      |         | X    |                        |        |          | X        |       |        |                | X        |
| Rillettes de poisson                                                             | X      | X    | X    | X       |      |                        |        |          | X        |       | X      |                | X        |
| Betteraves vinaigrette                                                           |        |      |      |         |      |                        |        |          | X        |       |        |                | X        |
| Quenelle nature                                                                  | X      | X    | X    |         |      |                        |        |          |          |       | X      |                | X        |
| Volaille sautée                                                                  | X      | X    | X    |         |      |                        |        |          |          |       | X      |                | X        |
| Haricots beurre persillés                                                        |        | X    |      |         |      |                        |        |          |          |       |        |                |          |
| Riz                                                                              | X      | X    | X    |         |      |                        |        |          |          |       | X      |                | X        |
|                                                                                  | X      | X    | X    |         |      |                        |        |          |          |       | X      |                | X        |
|                                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Fruit de saison                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Mousse au chocolat                                                               |        | X    | X    |         | X    |                        |        |          |          |       |        |                |          |
| Déjeuner du mardi 10 mars 2026                                                   |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Taboulé de chou fleur cru                                                        |        |      |      |         |      |                        |        |          | X        |       | X      |                | X        |
| Celeri vinaigrette                                                               |        |      |      |         |      |                        |        |          | X        |       | X      |                | X        |
| Radis noir rémoulade                                                             |        | X    | X    |         |      |                        |        |          | X        |       |        |                | X        |
| Filet de poisson sauce echalotte                                                 | X      | X    | X    | X       |      |                        |        |          | X        |       | X      |                | X        |
| Curry de pois chiches                                                            | X      | X    | X    |         |      |                        |        |          | X        |       | X      |                | X        |
| Semoule                                                                          | X      | X    |      |         |      |                        |        |          |          |       |        |                |          |
| Carottes braisées                                                                |        | X    |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                  | X      | X    | X    | X       |      |                        |        |          | X        |       | X      |                | X        |
|                                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Beignet chocolat                                                                 |        | X    |      |         |      |                        |        |          |          |       |        | X              |          |
| Compote sans sucre ajouté                                                        |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Déjeuner du mercredi 11 mars 2026                                                |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Salade de chou chinois                                                           |        |      |      |         |      |                        |        |          | X        |       |        |                | X        |
| Salade Zéro Gaspil'                                                              | X      | X    | X    | X       | X    | X                      | X      |          | X        |       | X      | X              | X        |
| Vinaigrette au sésame                                                            |        |      |      |         |      |                        | X      |          | X        |       |        |                | X        |
| Chipolatas                                                                       | X      | X    | X    |         | X    |                        |        |          |          |       | X      |                | X        |
| Pané fromager                                                                    | X      | X    | X    |         |      |                        |        |          |          |       |        |                |          |
| Gratin de courge                                                                 | X      | X    | X    |         |      |                        |        |          |          |       |        |                |          |
| Lentilles                                                                        |        |      |      |         |      |                        |        |          | X        |       |        |                | X        |
|                                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Crumble pommes                                                                   | X      | X    | X    |         |      |                        |        |          |          |       |        |                | X        |
| Crème vanille                                                                    |        | X    | X    |         |      |                        |        |          |          |       |        |                |          |
| Déjeuner du jeudi 12 mars 2026                                                   |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Nems de légumes                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Emincé de poulet                                                                 |        |      |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Nouille chinoise                                                                 |        |      |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Salade de fruit                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Déjeuner du vendredi 13 mars 2026                                                |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Salade verte                                                                     |        |      |      |         |      |                        |        |          | X        |       |        |                | X        |
| Salade Zéro Gaspil'                                                              | X      | X    | X    | X       | X    | X                      | X      |          | X        |       | X      | X              | X        |
|                                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Hachis parmentier                                                                |        | X    | X    |         |      |                        |        |          |          |       |        |                | X        |
| Gratin montagnard (plat complet)                                                 |        | X    | X    |         |      |                        |        |          |          |       |        |                | X        |
| -                                                                                |        |      |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
|                                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Fruit de saison                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Compote sans sucre ajouté                                                        |        |      |      |         |      |                        |        |          |          |       |        |                |          |

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